




*Where
You Are*



*As You
Go*



**NEIGHBOR
WELL**



CAHABA
FAMILY MEDICINE



At Cahaba, our purpose is to love God and show his glory by walking in the footsteps of Jesus and ministering in the love of Christ. Cahaba is an independent, physician-led, federally qualified health center and is the sponsoring institution of the Cahaba-UAB Family Medicine Residency, an unopposed, community-based Family Medicine Residency and Teaching Health Center.

In one of the most unique collaborations in the U.S., Cahaba has partnered with the University of Alabama Heersink School of Medicine - one of the top medical schools and health systems in the country - to form an academic partnership that furthers UAB's commitment to family medicine in Alabama, while maintaining a community-based training environment.



Train with us in 3 cities & 4 tracks in Alabama

Urban (Birmingham), Rural (Centreville), Frontier (Marion) & Highlands (Birmingham).

- **Full Scope Training** with unopposed hospital services.
 - **Outpatient Procedures** - injections, biopsies, excisions, toenails, PFTs, etc.
 - **Inpatient Procedures** - central lines, thoracentesis, paracentesis, LP, etc.
 - **Women's Health** - Vaginal delivery, colpo, EMB, IUD, contraceptive implants, etc. Advanced track including Cesarean & LEEP.
 - **Point of Care Ultrasound** - OB, MSK, DVT, RUSH, injections, etc.
 - **Endoscopy**, including an advanced track.
 - **Exercise Stress Testing**, prolonged ECG monitoring, echocardiography
 - **In-office Digital Radiography**
 - **Casting & Splinting**
 - **HIV, Hepatitis C, & Buprenorphine Care**
- **20-20-20 Program**: 7 per year in Birmingham, 5 per year in Centreville, 4 per year in Marion / Bessemer, 4 per year in Birmingham.
- **Underserved Medicine** - We envision and work toward our underserved and neglected communities being made whole and healthy.
- **Relocation** - We choose to relocate into our patients' neighborhoods to love our community not only as a doctor but as a friend and a neighbor.
- **Community** - Our lives are interwoven as we live, work, and cultivate our community's health together. Shared meals, sports in the park, and even opportunities for prayer together are all regular practices.
- **International Trips** - Funded 4 week International trip EACH YEAR of residency with emphasis on medical and spiritual growth.
- **Vision Casting** - mentor medical students from across the country as they visit seeking to develop a vision for ministering in the love of Jesus.



Serving the west side of the Greater Birmingham Area by increasing access to primary and procedural care and opportunities to engage with the communities we serve.



Serve in beautiful Bibb County by increasing access to primary and procedural care while enjoying our vibrant rural community.

RESIDUALS



Cahaba
FAMILY MEDICINE



UAB

GLOBAL HEALTH FELLOWSHIP

Advanced training in global health including rotations at international sites as well as Cahaba and affiliated domestic sites. Upon successful completion of the fellowship, fellows will have obtained a Diploma in Tropical Medicine and Hygiene (through the UAB Gorgas Course), and be eligible to sit for the American Society of Tropical Medicine and Hygiene CTropMed exam for a certificate in tropical medicine. The fellowship will also include a spiritual development curriculum. The goal of this component is to first encourage the fellow to grow in their faith and obedience to Jesus Christ. It will also help the fellow grow in their commitment to love and serve people all over the world and will help them learn to integrate the practice of medicine and their faith.

OBSTETRICAL & WOMEN'S HEALTH FELLOWSHIP

Advanced training in operative obstetrics including vacuum assisted vaginal delivery and cesarean section, full obstetric ultrasound, management of high-risk pregnancies, MAT management in pregnancy, resident education, experience in both urban and rural L&Ds, and advanced management of abnormal Paps with colposcopy and LEEP. Additionally, fellows will be eligible to sit for the Board of Certification in Family Medicine Obstetrics with Surgical Qualification (BCFMO) exam to assist with hospital privileging at future institutions.

SPORTS MEDICINE FELLOWSHIP

The Sports and Exercise Medicine Fellowship Program is a two-year ACGME accredited program supplemented by a Master's Degree in Exercise Physiology. The fellowship is designed to provide comprehensive sports medicine training in musculoskeletal and non-musculoskeletal disease in athletes and active individuals. The two-year experience provides ample time to become an expert in all domains of sports medicine including sports cardiology, ultrasound, comprehensive concussion management, exercise as medicine, and much more. The Master's program provides additional expertise in exercise prescription, nutritional assessment/recommendations, and motivational tools for behavior change. We provide coverage for Professional, Division I Collegiate, and High School athletes, as well as, the typical "weekend warrior".

EMERGENCY MEDICINE FELLOWSHIP

This fellowship was created to develop the competencies of rural family medicine physicians in triage, evaluation, stabilization, and management of the acutely ill or injured patient. Each fellow will receive 12 months of intensive training in emergency medicine with an emphasis on delivering emergent care in the rural community. In addition, training will include instruction on developing community EMS guidelines and prevention programs.



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UAB HEERSINK
SCHOOL OF MEDICINE

The University of Alabama at Birmingham

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